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Ohio Tobacco Prevention Foundation

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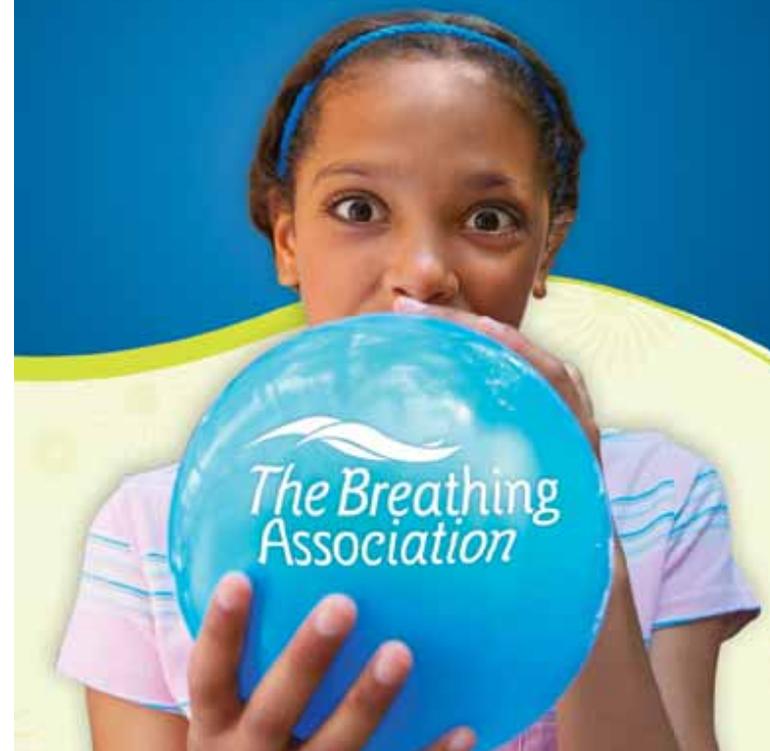
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The Breathing Association

Annual Report

July, 2007 - June, 2008



You Can Help Fill the Balloon.

If you can blow up a balloon without difficulty, consider yourself lucky. Most of us take breathing for granted. However, there are countless people who struggle to breathe every day. A lot of them children. And, while many receive care and medication for their conditions, a great many of them do not.

Our primary mission is to serve those who typically don't receive the appropriate lung health care they need. No child should struggle to take a breath. Not when the proper medication and information are available to help them.

This year's opening of our Lung Health Clinic and Mobile Lung Health Clinic are huge steps in helping us fulfill our mission. Studies show if we can treat those with lung health issues with targeted care, we can help to improve their health and reduce the overall costs for their care. Many of these costs would be passed along to taxpayers. It truly is a win-win situation.

Central Ohioans are giving people. We wish to thank the individuals and corporations who have supported us this past year. Especially because of reduced funding from state, local, and city government, United Way, and other sources we appreciate your continued support. We are becoming more reliant on our own fund raising events to help support our services and programs. Events like the Carrie Nelson Black Mother's Day Tea and Golf Classic helped us raise more than \$25,000 in the first year for each event. We look forward to the continued growth of these events.

We realize these are challenging times. So, now more than ever, we need to make sure we help those who struggle the most.

Tony Nixon
Chairman
Legacy Commercial Flooring

Marie E. Collart
President, CEO
The Breathing Association



2007-2008 Programs

The Breathing Association provides several direct service programs that promote lung health, help prevent lung disease, assist individuals with diagnosed lung health disease live a better life and maximize the health and quality of life for low-income and minority populations.

Tobacco Cessation

Tobacco Cessation provides "Quit for Good" tobacco cessation services to adults using a combination of counseling, pharmacotherapy, and relapse prevention. As a result of this program, during 2007 - 2008 more than 1,940 clients received intensive counseling and 1,100 individuals stopped using tobacco as of their last visit. This result contributes to a healthier population and less second hand smoke exposure for their friends and family members. The Ohio Tobacco Prevention Foundation, which funded this program for eight years, was dissolved in May, 2008. The Breathing Association is funding "Quit for Good" on a reduced scale.

Asthma Access

Asthma Access provides care through home and clinic based asthma-management services using best practice methods. As a result of our services over 100 families were helped. And both children and adults with asthma were taught how to better manage their disease. This program is partially funded by United Way.

COPD/Pulmonary Rehabilitation Program

COPD (Chronic Obstructive Pulmonary Disease)/Pulmonary Rehabilitation Program (Senior Outreach) provides home-based pulmonary education services using best practice methodologies and support services through five Better Breathing Clubs (BBC). As a result of our services, 60 clients received more than 5 home visits each and reported they had learned positive new behaviors that helped them manage their disease. More than seventy BBC members also learned important skills to help them cope with their breathing issues at the monthly BBC meetings that are held each year. These results contribute to individuals with chronic illnesses having an improved quality of life. These programs are partially funded by Franklin County Senior Options and United Way.

Medical Supplies

Medical Supplies provides free lung health medical supplies and prescriptions assistance to low income people who are diagnosed with lung health disease. As a result of this program, 131 low income uninsured/underinsured individuals received lung health medical supplies or prescription assistance. This outcome contributes to a healthier population better able to manage their lung health disease. Operated in cooperation with numerous drug stores, this program is also funded by Gerbig Snell/Weisheimer GRACE grant through the Columbus Foundation.

Home Energy Assistance Program (HEAP/PIPP)

Home Energy Assistance Program (HEAP/PIPP) targets low income individuals with medical needs. As a result of these programs, 6,779 very low income individuals whose utilities had been cut off or were in disconnect status due to non-payment, were assisted in making payments and creating family budgets (as needed) to help prevent the need for repeat assistance. When appropriate, linkages to other assistance services were provided. This result helps stabilize families in crisis and helps them make wise choices in the future. As a special service, the HEAP staff distributed donated hats, coats and gloves to more than 250 families who were in the greatest need during the winter.

Summer Crisis Program

Summer Crisis Program is a special service of HEAP which targets low income individuals with medical needs. As a result of this program, 820 very low income individuals with a respiratory or other illness received room air conditioners. This result contributes to improved health conditions in their homes. The HEAP program is funded by the Ohio Department of Development, Office of Community Services.

The Residential Energy and Health Program (REACH)

The Residential Energy and Health (REACH) program provides extensive in-home services to low income HEAP customers who meet the grant's poverty level criteria, have a medical issue, and have environmental problems that make an already bad medical situation worse. The program provides weatherization services, some home repair, mold mitigation services, which is a very important service for those with lung health problems, and health services. Weatherization agency partners for REACH are IMPACT Community Services, Ground Level Solutions, Mid-Ohio Regional Planning (MORPC), and OSU provides student nurse interns. This is a special three year research project that uses LIHEAP REACH funding.

Lung Health Clinic & Mobile Lung Health Clinic

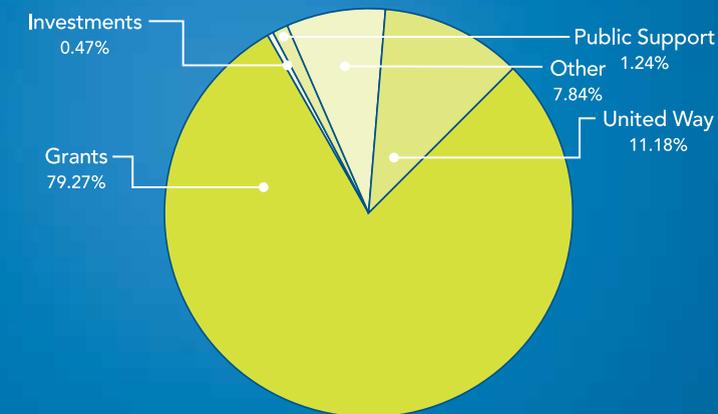
The Free Lung Health Clinic at the Breathing Association targets low income individuals. Staff began seeing clients in mid-June 2008. The Mobile Lung Health Clinic began seeing clients in October. As a result of the clinic and mobile unit individuals with lung health disease are now receiving medical treatment. This result provides patients without health insurance, many who have not seen a physician in over a year, access to free health care. These programs are partially funded by the Ohio Department of Development, IMPACT Community Services, Franklin County Community Partnership grant, the City of Columbus, The Ohio Association of Free Clinics, The Columbus Foundation, private donors and volunteers.



Financial Summary

Operating Revenue - Fiscal Year Ending June 30, 2008

Total Income \$2,746,128



Operating Expenses - Fiscal Year Ending June 30, 2008

Total Expenses \$2,746,664

