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### Our Supporters Are Our Strength

We truly give thanks to the corporations and organization that give us their support.

#### Grants

- Franklin County Senior Options
- Gerbig, Snell/Weisheimer  
Grace Healthcare Initiative
- IMPACT Community Action
- Ohio Association of Free Clinics
- Ohio Dept. of Development –  
LIHEAP & REACH
- United Way of Central Ohio-  
Programming & Capacity  
Building

#### Corporation & Organizations

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- AstraZeneca
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- CDC Distribution
- Cofer Consulting Solutions
- Columbus Policy Works
- Columbia Gas
- Crane Group
- Creative Spot
- Definity Partners
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- Grange Insurance Companies
- Kappa Alpha Theta
- Lee's Carpets
- Legacy Commercial Flooring
- M/I Homes
- Mannington Mills
- Milliken Carpets
- Mt. Carmel College of Nursing
- Nationwide Children's Hospital

- Nationwide Insurance
- Ohio Valley Flooring
- OhioHealth
- Pfizer
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- Kohl's Department Stores
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- Legacy Commercial Flooring
- Meat Packers Outlet
- Meijer
- NBC4
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- Sak's Fifth Ave.
- Sam's Club
- Suburban News Publications
- Target
- Total Wellness Concepts
- WalMart
- Woodland Assisted Living
- Whole Foods



Helping you breathe easier.

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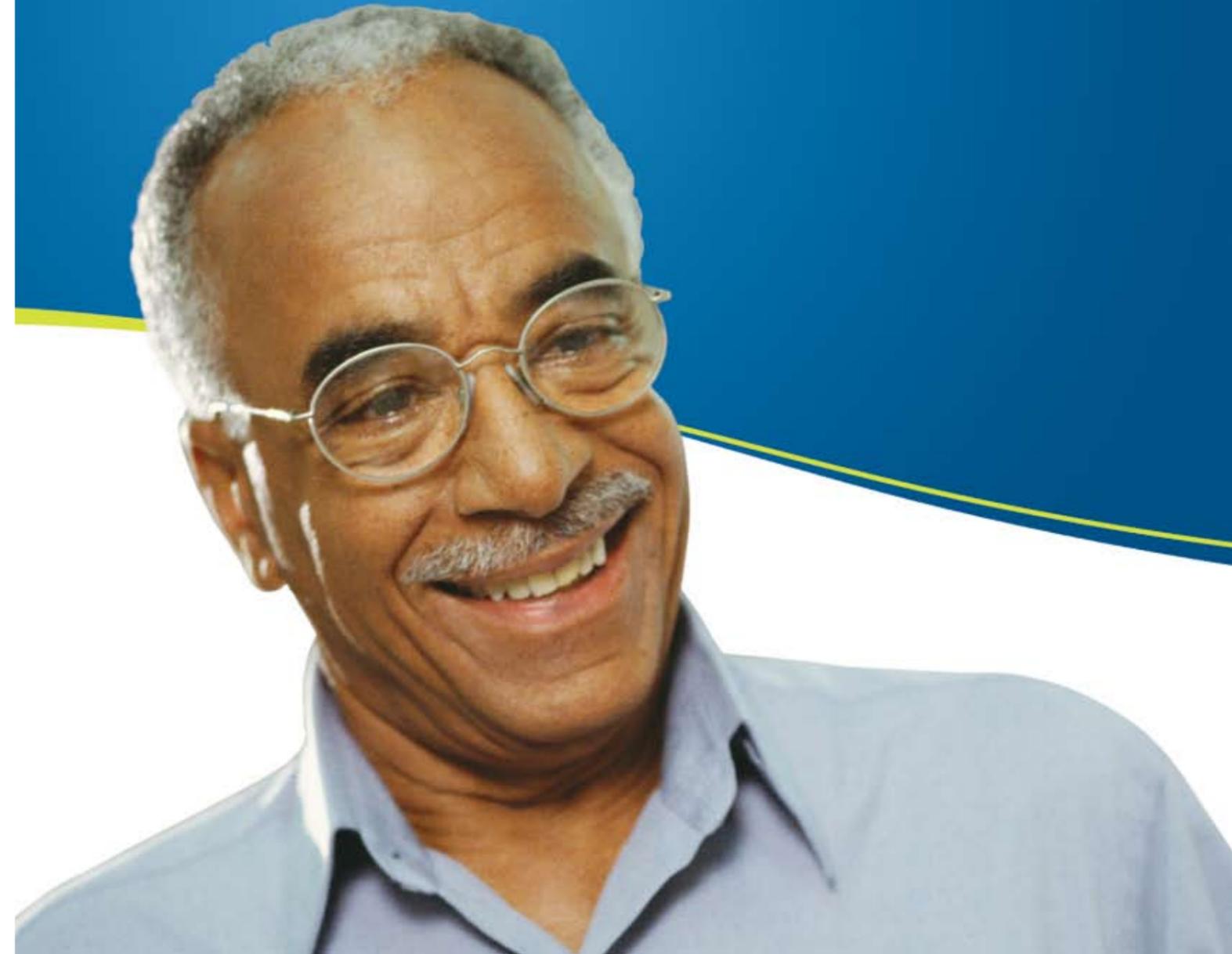
We also honor and thank all individuals who donated time, funding and in-kind resources to help us help others.

# The Breathing Association

Helping you breathe easier.

## Annual Report

July 1, 2008 - June 30, 2009



## Programs

The Breathing Association promotes lung health and provides direct services to educate and treat individuals with diagnosed lung health disease. We provide information to the general public on the impact of environmental pollutants on lung health, work to address the causes of lung health disease in our community, and strive to maximize the health and quality of life for low-income and minority populations.

### The Free Lung Health Clinic

The Free Lung Health Clinic targets low income individuals and includes both an on-site free clinic and a mobile medical van that provides health care to clients at locations throughout Franklin County. As a result of this program, 480 individuals received medical treatment and 437 were linked to other services to increase access to health care. This program is funded by the Ohio Department of Development, IMPACT Community Action, Community Services Block Grants, private donors, and volunteers. This outcome provides free health care to uninsured individuals. NBC4 is our media sponsor.

### Asthma Access

Asthma Access provided home and clinic based asthma-management services using best practice methodologies. As a result of our services, 135 clients received one-on-one asthma education through two to four home visits with 96% having removed at least one barrier to accessing health care services. This outcome helps children and adults with asthma improve health outcomes and improve their quality of life by better managing their disease. This program is partially funded by United Way.

### COPD/Pulmonary Rehabilitation Program

COPD/Pulmonary Rehabilitation Program (Senior Outreach) provided two to five home-based pulmonary education services to 113 adults with COPD using best practice methodologies, Better Breathing Club support programs for 58 individuals with lung health disease, and educational programs for over 400 caregivers and persons at risk of lung health disease. As a result of our services, 72% of clients with COPD reported they had learned positive new behaviors that helped them manage their disease. This result contributes to individuals with chronic illnesses having an improved quality of life. The majority of this program is funded by Franklin County Senior Options.

### Medical Supplies

Medical Supplies provided free lung health medical supplies and prescription assistance to low income persons diagnosed with lung health disease. Operated in conjunction with the Free Clinic, Asthma Access, and Senior Outreach programs and in cooperation with numerous pharmacies, this program is also funded by Gerbig Snell/Weisheimer GRACE and the Ohio Association of Free Clinics. As a result of this program, 994 low income uninsured/underinsured individuals received lung health medical supplies or prescription assistance. This outcome contributes to a healthier population better able to manage their lung health disease.

### Home Energy Assistance Program

Home Energy Assistance Program (HEAP/PIPP) targets low income individuals with medical needs. This program is funded by the Ohio Department of Development, Office of Community Services. Our staff provided financial assistance services to 7,425 households whose utilities had been cut off due to non-payment. Recipients were assisted in preparing a family budget to help prevent the need for repeat assistance. Linkages to other assistance were also provided including lung health services as appropriate. This result helps stabilize families in crisis and helps them make wise choices in the future. Private donations provided 246 families with hats, gloves and coats and 60 seniors with warm blankets. NBC4 is our media sponsor.

### Residential Energy and health Program (REACH)

The REACH program provided extensive in-home services to low income HEAP customers who meet the grant's poverty level criteria, have a lung health issue, and have environmental problems that make an already bad medical situation worse. In addition to weatherization and minor repairs, clients receive in home health services. 147 homes were screened, 95 homes completed weatherization services and two were in progress.

### Tobacco Cessation

Tobacco Cessation provided "Quit for Good" community based tobacco cessation services to 582 adults at sites in Franklin and Licking Counties using a combination of counseling, pharmacotherapy, and relapse prevention. With the dissolution of the Tobacco Foundation, the agency also established a corporate based fee for service cessation program for 2008-09 that served 110 workers. As a result of these programs, 261 individuals stopped using tobacco as of their last visit. This result contributes to a healthier population and less second hand smoke exposure for their friends and family members.

### Environmental Education Program

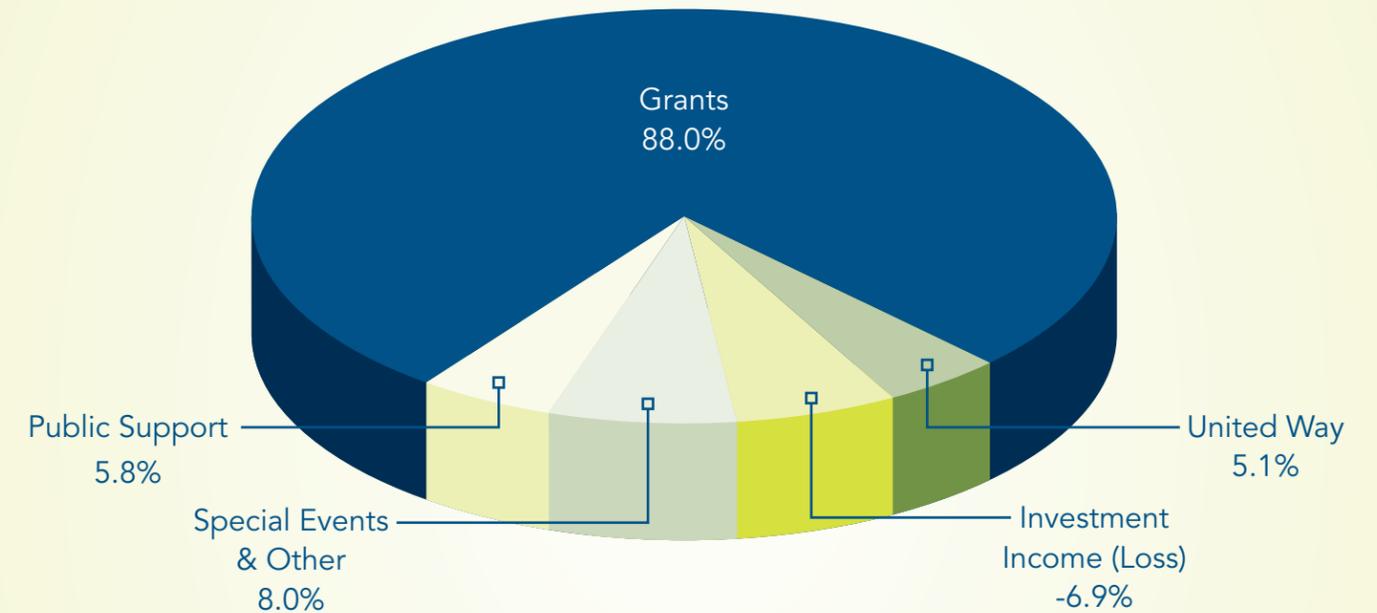
Environmental Education Program created an educational DVD, brochures and games Breathe Easier, Save Dollars, and Help Clear the Air in English, Spanish and Somali. These materials which provide information on how to save money by reducing energy usage at home and in their cars to contribute to cleaner air were distributed to over 4000 individuals in Franklin County with eight collaborating agencies sharing the DVD with their low income and minority clients.

# Financial Summary



## Operating Revenue - Fiscal Year Ending June 30, 2009

Total Income \$3,029,114



## Operating Expenses - Fiscal Year Ending June 30, 2009

Total Expenses \$3,454,086

