

The Breathing Association

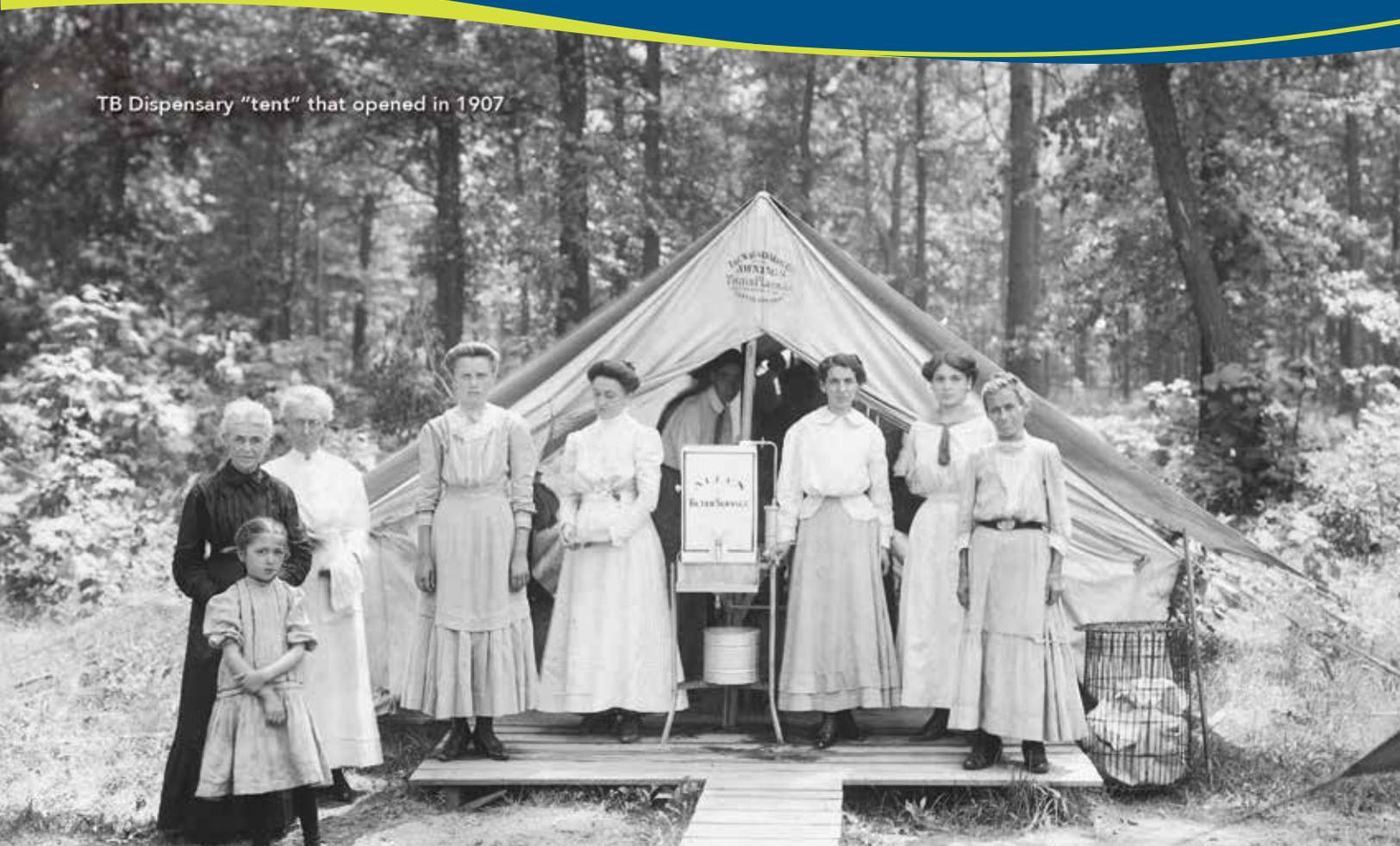
Helping you breathe easier.

Annual Report July 1, 2012 - June 30, 2013

"As it is impossible to mention the names of all our donors, the managers here extend thanks to all who have contributed in any way to the work during the past year."

-Sixteenth Annual Report, 1923

TB Dispensary "tent" that opened in 1907



SERVING THE COMMUNITY FOR 107 YEARS.



From left to right: David Thompson, Hannah Luchiri, Renee Kirwan, Colleen Wesley, Theresa Simpson

THE BREATHING ASSOCIATION HAS BEEN COMMITTED TO LEADING THE WAY IN LUNG HEALTH AND WELL-BEING FOR THE PEOPLE OF CENTRAL OHIO.

The magnitude of our efforts goes beyond the walls of our facilities. And the impact we make touches the lives of many thousands of individuals and families, not just of the past and present generations, but also for many generations to come.

While continuing our founder Carrie Nelson Black's mission ("The Breathing Association serves the community as the leading resource for promoting lung health and preventing lung disease through education, detection, service, and treatment") is our top priority, the Breathing Association has expanded its scope of services as new lung health concerns have arisen.

We must never forget the importance of the meaningful work that we do in the servicing of our communities and those in need.

The seeds of greatness planted by our founder have been amazing and those who have come after her have created stronger, deeper roots to ensure that this year and the next will be a banner year!

"Happiness is one of the best highways to health." – Carrie Nelson Black

The Free Lung Health Clinic

The Free Lung Health Clinic targets low-income individuals and includes both an on-site, no fee, no co-pay clinic and a mobile medical van that provides health care to clients at locations throughout Franklin County.

As a result of this program in partnership with the Home Energy Assistance Program (HEAP):

507 individuals received medical services in the clinic via **734** health care visits with **772** free prescriptions and over the counter medications distributed, and **484** testing services provided at no cost. This outcome provides free quality health care to uninsured and under-insured individuals.

COPD/Pulmonary Rehabilitation Program (Senior Outreach)

Funded by Franklin County Senior Options, this program offers education and support to seniors/caregivers affected by Chronic Obstructive Pulmonary Disease:

57 adults received in-home educational visits, many on an ongoing basis. **1,094** participated in group education programs, and **77** participated in the Better Breathing Club's support meetings.

This program contributes to an improved understanding of their disease and a better quality of life for adults with chronic illness. It also offers knowledge of and access to other community support services.

As a result of this program in partnership with IMPACT Community Action:

403 individuals received medical services aboard our mobile medical unit via **649** health care visits with **1,423** free prescriptions and over the counter medications distributed, and **427** testing services provided at no cost. This outcome provides free quality health care to uninsured and under-insured individuals.

HEAP Medical Supplies Program

This program provided free lung health medical supplies and prescription assistance to low-income persons diagnosed with lung health disease. As a result of this program, the following were distributed to individuals with a prescription:

661 air conditioners, **80** fans, **87** other medical supplies (nebulizers, spacers, etc.), **45** received prescription assistance via Inventiv.

This outcome contributes to a healthier population better able to manage their lung health disease.

“As I have a number of medical problems, I am in the process of applying for Social Security. Without HEAP I simply would not be able to pay my utilities with my income limited to \$115 per month from Ohio Eppi Card. As a post-Vietnam era veteran, financial assistance from the VA other than medical care is difficult at best to obtain and who knows what kind of shape I would be in without [The Breathing Association].”

– Donley Pleafrey (Personal Account)

Every Step Leads to Success (Nutrition Program)

Every Step Leads to Success, funded by American Medical Association, provided nutrition assessment and on-going nutrition counseling for **86** patients. **59** patients received home visits. **47** patients were seen in the clinic or on the mobile medical unit. **134** phone education sessions were completed. **26** patients participated in two healthy cooking classes and a food pantry tour.

The outcomes from this program leads to a nutrition-educated population who are improving their quality of life by making healthier and sustainable lifestyle choices.

Asthma Access

Asthma Access provided home and clinic based asthma management services using best practice methodologies. As a result of our services:

105 clients received 1-2 home visits to improve health literacy. **184** clients verified linkages to other services were made to reduce client barriers to healthcare.

This outcome helps children and adults with asthma improve health outcomes and improve their quality of life by better managing their disease.

Home Energy Assistance Program (HEAP/PIPP)

The Home Energy Assistance Program targets low-income individuals with medical needs:

16,439 budgets generated under the Percentage of Income Payment Plan. **29,284** HEAP/Crisis/PIPP applications processed. **\$1,403,947** utility payments made for electric, gas, and other fuel.

This result helps stabilize families in crisis and helps them make wise choices in the future. HEAP is supported by the Ohio Development Services Agency, Office of Community Assistance, AARP volunteers and donations from the public.

Tobacco Training Initiative

This initiative provides tobacco cessation education for medical professionals:

4 individuals received ongoing tobacco education, and **22** medical professionals were certified.

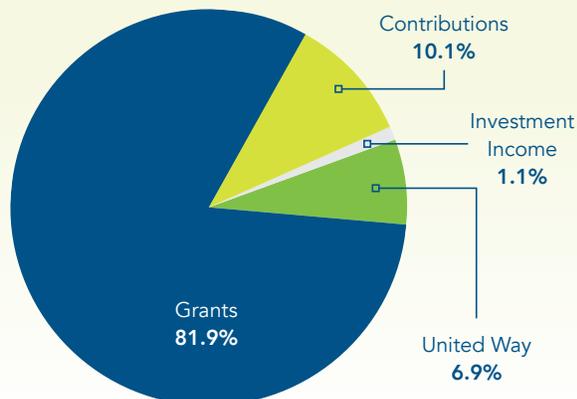
“So that Ye Might Know Our Affairs” – Columbus Tuberculosis Society, 1923

Financial Summary

Total Net Assets at June 30, 2013 - \$884,508

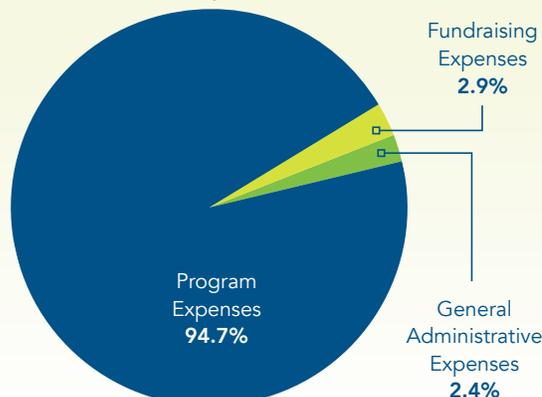
Operating Revenue* Fiscal Year Ending June 30, 2013

Total Income \$1,917,570



Operating Expenses Fiscal Year Ending June 30, 2013

Total Expenses \$1,956,873
before depreciation.



*To accomplish our goals, we receive federal, state, and local funding and donations from our supporters.

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The Breathing Association

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Our Supporters Are Our Strength

Deeply expressing all of our gratitude please know, we appreciate you all!

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- Franklin County Senior Options
- Grant American Medical Association (AMA)
- IMPACT Community Action
- InVentive
- Ohio Association of Free Clinics
- Ohio Development Services Agency LIHEAP
- Reinberger Foundation
- United Way of Central Ohio

Community Foundation

- Evans Cross Family Fund
- Key Bank Foundation
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- Doris Woosley Fund

In Remembrance of:

- Beth Wismar, Ph.D.
- Samuel Black Sterrett, Sr.

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- Total Wellness Concepts, LLC
- Vorys, Sater, Seymour, & Pease, LLP



Helping you breathe easier.

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We also honor and thank all individuals who donated time, funding and in-kind resources to help us help others. We make every effort to list each donor's name correctly. If a listing has been inadvertently misspelled or omitted, please contact us.