

Certified Tobacco Treatment Specialists

Certified Tobacco Treatment Specialists, or CTTSs, are professionals who are specially trained to provide treatment for individuals seeking to stop using tobacco

Certified Tobacco Treatment Specialists:

1. Understand the science behind tobacco addiction, nicotine withdrawal symptoms, and effective treatments for tobacco use
2. Provide clear and accurate information about the causes and consequences of tobacco use
3. Develop individualized treatment plans using comprehensive, evidence-based assessments and treatment strategies including:
 - Clear and accurate information about effective medications
 - Effective, practical, cognitive-behavioral strategies for quitting and staying quit
4. Provide effective treatment for all forms of tobacco and nicotine use
5. Work with a variety of specific populations including those with specific health issues
6. Use specific, well-accepted methods for tracking individual progress, record keeping, program documentation, outcome measurement, and reporting
7. Serve as educational resources for organizations, healthcare providers, and the general public regarding tobacco use treatment issues

What does Certification mean?

Ask if your CTTS has been trained by a training program accredited by the Council of Tobacco Treatment Training Programs (CTTTP). If so, your CTTS has demonstrated a high-level of proficiency in the treatment of tobacco dependence by completing coursework, documenting experience, and passing an examination.