

Elevating New Moms



Smoking Cessation
for New Mothers



Elevating New Moms is an infant vitality program designed to educate new and expectant moms about the importance of quitting nicotine by The Breathing Association.

Sign up
today, scan
the QR:



**CareSource
member?**

Ask us about
additional
benefits for you
and your baby!

How does it work?

The program includes evaluations, smoking cessation education, and other resources to monitor the health of the new moms and babies.

Program includes 8 sessions:

- 3 in-person at The Breathing Association Healthcare Center
- 5 telehealth with your health coach.

No out of pocket fees.

Who Can Sign up?

- Expectant or new moms who also currently smoke or use other nicotine products are eligible to join the program.
- Family-members who smoke and live in the same household as an expectant or new mom may also be eligible for the program.

Call us:
614-437-1521

Email us:

Breathe@BreathingAssociation.org